



Slow Cooker Hamburger Soup

- 1 lb ground beef 90% lean or leaner
- 5 c. vegetable broth with no sugar listed in ingredients
- 1 (15 oz) can diced tomatoes
- 2 stalks celery, sliced
- 1 (10 oz) bag frozen sliced carrots
- 1 (10 oz) bag frozen diced bell peppers
- 2 tsp. parsley flakes
- 1 (6 oz) can tomato paste
- 1 tsp. onion powder
- 1 tsp. garlic powder
- 1/4 tsp. salt
- 1 Tbsp. mustard
- 2 Tbsp. honey
- 1/4 c. white wine vinegar
- 1/4 c. water
- 1 tsp. dried basil

Directions (approx 6 servings):

Combine all ingredients in a slow cooker and cook on low 6 hours or on high 4 hours.